metro
NEW YORK CITY NO. 1 FREE DAILY IN THE US
Wednesday, September 11, 2019 metro.us | t: MetroNewYork | f: MetroNewYork

VOLUNTEERS WANTED
Participants needed for research studies of investigational medications for...
- ADHD
- DEPRESSION
- SCHIZOPHRENIA
- BIPOLAR
- PTSD
- DIABETES
- MIGRAINES
- OSTEOARTHRITIS
See page 3 for more information
Contact us to see if you qualify at
866-221-7841
or visit www.hritrials.com
HASSMAN RESEARCH INSTITUTE

18 YEARS ON

Metro remembers the victims of the Sept. 11, 2001, terror attacks on the anniversary of the national tragedy. 2-6

GETTY IMAGES

Apple unveils 3-camera iPhone 11. 12

Brandi Carlile takes over MSG this Saturday. 16-17

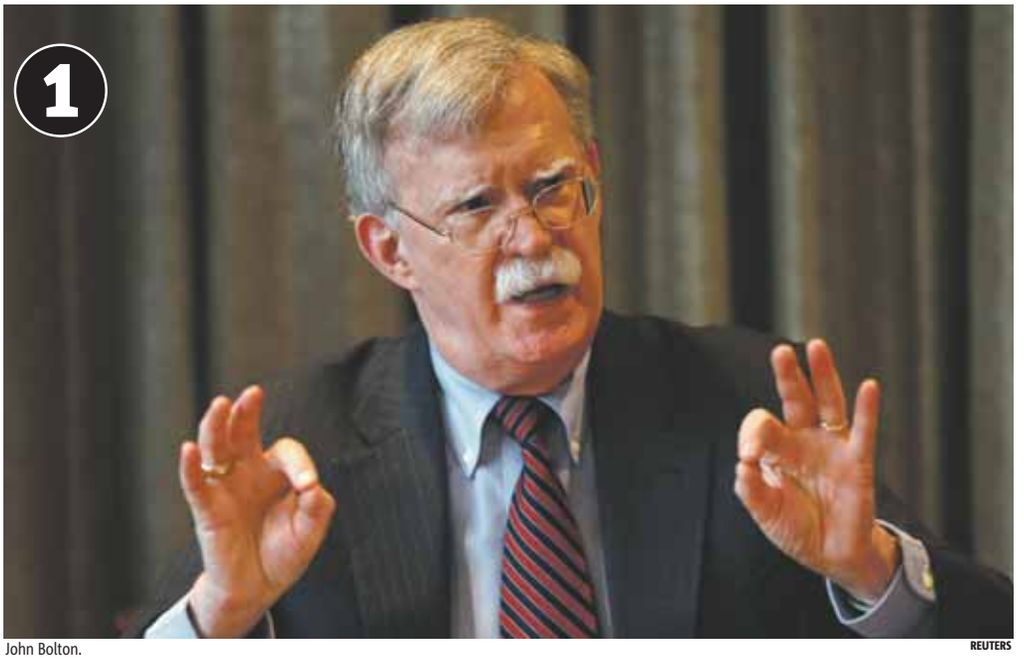
James Paxton emerging as tentative playoff ace for Yankees. 20

4 THINGS TO KNOW

Trump fires national security adviser John Bolton, cites foreign-policy disagreements

1

Bolton had advocated for tougher approaches on Russia and Afghanistan.



John Bolton. REUTERS

U.S. President Donald Trump abruptly fired his national security adviser John Bolton amid disagreements with his hard-line aide over how to handle foreign policy challenges such as North Korea, Iran, Afghanistan and Russia.

"I informed John Bolton last night that his services are no longer needed at the White House. I disagreed strongly with many of his suggestions, as did others in the Administration," Trump tweeted on Tuesday, adding that he would name a replacement next week.

Bolton, a leading foreign policy hawk and Trump's third national security adviser, was widely known to have pressed the president for a harder line on issues such as North Korea. Bolton, a chief architect of Trump's strident stance against Iran, had also advocated a tougher approach on Russia and Afghanistan.

The 70-year-old Bolton, who took up the post in April 2018, replacing H.R. McMaster, had sometimes been at odds with Secretary of State Mike Pompeo, one of Trump's main loyalists.

Offering a different version of events than Trump, Bolton tweeted: "I offered to resign last night and President Trump said, 'Let's talk about it tomorrow.'"

Trump had sometimes joked about Bolton's image as a warmonger, reportedly saying in one Oval Office meeting that "John has never seen a war he doesn't like."

A source familiar with Trump's view said Bolton, an inveterate bureaucratic infighter with an abrasive personality, had ruffled a lot of feathers with other key players in the White House, particularly White House chief of staff Mick Mulvaney.

"He doesn't play by the rules," the source said. "He's a kind of a rogue operator."

During his time at the State Department under the administration of Republican former President George W. Bush, Bolton kept a defused hand grenade on his desk. His 2007 memoir is titled: "Surrender Is Not an Option."

Trump's North Korea envoy, Stephen Biegun, is among the names floated as possible successors.

"Biegun much more like Pompeo understands that the president is the president, that he makes the decisions," said a source close to the White House.

> **"You all know the great John Bolton. He'll bomb you. He'll take out your whole country."**
>
> Donald Trump

Also considered in the running is Deputy Secretary of State John Sullivan, who had been expected to be named U.S. ambassador to Russia.

White House spokeswoman Stephanie Grisham said "many, many issues" led to Trump's decision to ask for Bolton's resignation. She would not elaborate.

"HE'LL BOMB YOU"

Trump would sometimes chide Bolton about his hawkish ways in meetings, introducing him to visiting foreign leaders by saying, "You all know the great John Bolton. He'll bomb you. He'll take out your whole country."

Officials and a source close to Trump said the president had grown weary of his hawkish tendencies and the bureaucratic battles he got involved with.

Bolton traveled widely in the role and on his travels, for example, he warned Russia against interfering in U.S. elections and promoting strong ties with Israel.

Bolton, a former U.S. ambassador to the United Nations and Fox News television commentator, had opposed a recent State Department plan to sign an Afghan peace deal with the Taliban militia, believing the group's leaders could not be trusted.

Sources familiar with his view said Bolton believed the United States could draw down to 8,600 troops in Afghanistan and maintain a counter-terrorism effort without signing a peace deal with the Taliban.

U.S. officials have said it was Bolton who was responsible for the collapse of a summit in February between Trump and North Korean leader Kim Jong Un in Hanoi by recommending the presentation of a list of hard-line demands that Kim rejected.

North Korea media in May referred to Bolton as a "war maniac" who "fabricated various provocative policies such as designation of our country as 'axis of evil,' preemptive strike and regime change."

During an earlier period of U.S.-North Korea tensions in 2003, North Korea called Bolton "human scum." REUTERS

2 De Blasio calls for expansion of city worker 9/11 insurance

Mayor de Blasio announced Tuesday he will propose legislation that provides health insurance coverage to survivors of all city employees who die of a 9/11 illness. If approved, the law, meant to create parity, would expand health coverage to an estimated 5,000 eligible employees across several agencies. Currently, survivors of police officers, firefighters and EMTs who die of a 9/11 illness receive health insurance regardless of whether those employees die while actively serving or in retirement; while survivors of employees in other titles either receive coverage only if the death occurs in active service, or receive no coverage at all. The legislation would close gaps so all city employees who die of a 9/11 illness are treated the same. "On our city's darkest day, thousands of city employees answered the call. They didn't hesitate. We need to be there for their families, now and always," de Blasio said. MATT KINSEY

3 US South has closed 1,200 polls since '13: Rights group

States across the American South have closed nearly 1,200 polling places since the Supreme Court weakened a landmark voting-discrimination law in 2013, according to a report released by a civil-rights group on Tuesday. The Leadership Conference on Civil and Human Rights found that states with a history of racial discrimination have shuttered hundreds of voting locations since the court ruled that they did not need federal approval to change their laws. The report did not have comparisons with polling places in other regions. The report comes as Republican-led states impose a range of other restrictions, from shorter voting hours to photo-ID requirements. As turnout has surged in recent elections, voters in cities like Phoenix, Ariz., and Atlanta, Ga., have endured hours-long waits to cast their ballots. Seven counties in Georgia now have only one polling place. REUTERS

4 Iranian soccer fan 'Blue Girl' dies after self-immolation

A female Iranian soccer fan who set herself on fire last week after being arrested for sneaking into a stadium dressed as a man has died from her injuries, causing widespread outrage. The semi-official Shafaqna news agency said the woman — dubbed "Blue Girl" for her favorite team Esteghlal's colors — died at hospital on Monday after her self-immolation outside a court where she feared being jailed for six months. Iranian women have been banned from stadiums when men's teams are playing since just after the 1979 Islamic revolution, though foreign women have been allowed limited access. "What happened to Sahar Khodayari is heartbreaking," Philip Luther, Amnesty International's Middle East research and advocacy director, said in a statement among many expressions of dismay over the fate of Khodayari, who was about 30 years old. REUTERS

WANTED

You can help advance science through a research study of investigational medication and make up to $6,850 doing it.

PSYCHIATRIC ILLNESSES INCLUDE:

ADHD
ALZHEIMER'S DISEASE
ANXIETY
BIPOLAR
DEPRESSION
HUNTINGTON'S DISEASE
INSOMNIA
MIGRAINES
PARKINSON'S DISEASE
PTSD
SCHIZOAFFECTIVE
SCHIZOPHRENIA

GENERAL MEDICINE ILLNESSES INCLUDE:

ADDICTION
CROHN'S DISEASE
DIABETES
ECZEMA
FLU
FIBROSCANS®
HEALTHY ADULTS
HOT FLASHES
IBS (IRRITABLE BOWEL SYNDROME)
LIVER DISEASE
NASH/NAFLD
PAIN
PSORIASIS
OSTEOARTHRITIS

HASSMAN RESEARCH INSTITUTE

Make a difference at
1-866-303-2929
or visit **HRITrials.com**

ADHD won't let your focus stay in one place.

If you're living with attention deficit/ hyperactivity disorder (ADHD), learn more about the CAPSTONE research study of an investigational drug for adults with ADHD.

To pre-qualify for this study, you must:

- Be 18 to 55 years of age
- Be diagnosed or have been diagnosed with ADHD

All study-related visits, tests, and study drugs will be provided at no cost. In addition, reimbursement for study-related travel may be provided.

For more information about the CAPSTONE study, please contact:

Hassman Research Institute
Call 1-833-427-7626
Visit hritrials.com

CAPSTONE

How to commemorate 9/11 in NYC in 2019

The nation will join New Yorkers in honoring those lost in the attacks.

BECCA GLASSER-BAKER
Rebecca.Glasser@metro.us

Wednesday marks 18 years since the Sept. 11 attacks on the World Trade Center in Lower Manhattan. Every year, the National September 11 Memorial and Museum observe the anniversary with a series of events that occur at the museum and memorial.

The National September 11 Memorial and Museum will honor the 2,983 people who were tragically killed during the attacks at the World Trade Center, the Pentagon, those aboard Flight 93, as well as those killed during the World Trade bombing on Feb. 26, 1993.

Although the museum will be closed to the public on Wednesday, it will open its doors to family members of victims who will read every name on the list of those lost (the list can be viewed at names.911memorial.org).

There will be a moment of silence at six points throughout the morning.

There will also be an honor guard with individuals from NYPD, FDNY, and the Port Authority Police.

"The Tribute in Light," a commemorative public art installation first presented six months after the 9/11 attacks, has shined every year since 2002, and this year will be no different. Assembled on the roof of the Battery Parking Garage south of the 9/11 Memorial, twin beams of light reach up four miles into the sky and resemble the shape of the Twin Towers. "The Tribute in Light" will shine from dusk to dawn.

Commemoration ceremony schedule (to be held at Ground Zero):

- **8:39 a.m.** - Program begins
- **8:46 a.m.** - Moment of silence (observance of time AA Flight 11 struck North Tower)
- Families of victims of 2001 and 1993 attacks will begin reading the names
- **9:03 a.m.** - Moment of silence (observance of time UA Flight 175 struck South Tower)
- Reading of names continues
- **9:37 a.m.** - Moment of silence (observance of time AA Flight 77 struck the Pentagon)
- **9:59 a.m.** - Moment of silence (observance of time of fall of the South Tower)
- Reading of names continues
- **10:03 a.m.** - Moment of silence (observance of time UA Flight 93 crashed near Shanksville, Pennsylvania)
- Reading of names continues
- **10:28 a.m.** - Moment of silence (observance of time of fall of the North Tower)
- Reading of names continues to a conclusion

GETTY IMAGES

Oculus skylight won't open for 9/11 due to leak

The skylight atop the $3.9 billion World Trade Center Transportation Hub Oculus won't open this year on Sept. 11, according to the Port Authority. It was announced this week that the skylight — comprised of 224 panes of glass on 40 motorized panels designed by Spanish starchitect Santiago Calatrava — has a leaking problem and will remain closed for this year's anniversary of the attacks. The skylight was intended to open and close on 9/11, releasing a beam of light into the Oculus space at precisely 10:28 A.M. each year to mark the moment the north tower of the World Trade Center fell.

As 6sqft previously reported, a rubber seal may have ripped during last year's 9/11 remembrance events when the skylight opened and closed. Since then, the Port Authority has reportedly spent over $30,000 attempting to patch the leak.

WIKIMEDIA

A Port Authority spokesperson said, "Under the advice of expert consultants, we are conducting engineering analysis on the Oculus skylight operating systems and reviewing carefully the best approach to repair a complex, one-of-a-kind architectural feature. Our priority is to get it right," Curbed reported.

This story was provided to Metro through an agreement with 6sqft. Visit www.6sqft.com for more stories.

Check Out Our Great CD Rates!

9 Month CD*
2.15% APY

2 Year CD*
2.25% APY

Visit one of our conveniently located branches to open your account today!

Apple Bank
Established 1863 · Member FDIC
www.applebank.com

Annual Percentage Yields (APYs) disclosed are effective as of 9/3/2019 and may be changed by the Bank at any time. *CDs require a $1,000 minimum balance to open and earn interest. Early withdrawal penalty may apply. CDs must be opened in person at an Apple Bank branch. Offer may be withdrawn at any time without prior notice.

KEW GARDENS
DENTAL ARTS

Under New Ownership!

We Specialize In All Of Your Dental Needs!

- *General, Cosmetic and Restorative*
- *Dental Implants*
- *Invisalign*
- *Crowns and Veneers*
- *Teeth Whitening*
- *Snap On Smile*
- *Emergency Same Day Dentistry*
- *Botox*

In honor of our Grand Re-Opening you will receive a free whitening pen with your New Patient Visit!

Must be free of gum disease

Evening and Weekend Appointments Available

Make An Appointment Now:

718-717-2052

123-20 Metropolitan Avenue Kew Gardens, NY 11415

info@dentalartskg.com

Scan to See Your Invisalign Smile in Seconds!

(Below) The writer and her uncle, Thomas Glasser. (Above) Glasser's name at the WTC Memorial. BECCA GLASSER-BAKER

18 Years after 9/11, I still miss my uncle

After nearly two decades of sorrow, a Metro staffer shares her personal story of the Sept. 11 attacks.

BECCA GLASSER-BAKER
Rebecca.Glasser@metro.us

I remember the day perfectly, Sept. 11, 2001. It's a day I'll never forget.

I was a child at the time, around 9, when my entire school gathered in our library to watch live coverage of the Twin Towers. Our teachers tried to explain what was happening. I approached my guidance counselor and told her I thought my uncle Tommy worked at the towers. Later, I asked my mom if it was true, that her brother was there. She said yes.

For months, my dad came home late each night because he, my grandfather and my aunt searched every single hospital for Uncle Tommy. But they never found him.

It took me 17 years before I finally got the courage to visit the National September 11 Memorial by myself on the anniversary of the attacks. Prior to last year, I had always commemorated the anniversary in my hometown, surrounding myself with family and friends. I figured that's what Uncle Tommy would have wanted.

Working my way through the crowds, I was scared, sad and every emotion in between. To my horror, I was met with conspiracy theorists yelling in my face and proclaiming that "There was a third tower," "The government did this" and finally, "The Twin Tower attacks never happened." As a New Yorker, I'm usually not fazed by people waving signs and yelling, but this was different.

I was overwhelmed by their hateful words, and I broke down. All I wanted was to grieve in peace. I found an NYPD officer and told him that all I wanted to do was see my uncle. The officer helped escort me through security and to the table where family members were allowed to check in.

I entered the site, and the tears fell down my face as the names were being read by other family members of the victims. I found my Uncle Tommy's name — he was in the second tower — and I found a little peace, touching his nameplate and thinking about what a wonderful man he was and how proud he would be of me. I thought about the last time he spoke to me, my birthday, a few days prior to the attacks, and how excited he was to give me my gift (an American Girl doll I'd wanted for ages.)

As I had my moment of peace, I had a flashback to a previous visit to the site. On that day, I was standing over my uncle's name, teary-eyed as a tourist physically pushed me out of the way to snap a smiling selfie. I'll never forget that moment. How could someone be so happy as they stared at a mass grave? Did they not know that was the base of the Twin Towers? How could they not understand? This was a place of mourning, not a scene for an Instagram moment.

Now, 18 years later, I work just steps from where my uncle's life was taken. So I visit him frequently, because the memorial is all I have. There is no closure, and no body. It's almost as if my uncle vanished from the planet. Thanks to DNA analysis techniques, I have some hope that one day my family might get a call saying, "We found something from Thomas I. Glasser." Until then, all we have is our memories of Uncle Tommy, echoing from one September to the next.

NYC PROBATION IS HIRING
Apply Online - Filing Period Ends September 24

BECOME AN OFFICER OF OPPORTUNITY
Strengthen Communities and Change Lives
Visit: nyc.gov/joinDOP for details
DOP is an equal opportunity employer. For language interpretation services, call: 212-510-3740

USA VEIN CLINICS™

VARICOSE VEINS OR PAIN, NEVER REMAIN!

IF YOU OR A LOVED ONE IS SUFFERING FROM:

- Varicose Veins
- Spider Veins
- Itching and Burning
- Leg Pain
- Skin Discoloration
- Leg Cramps
- Swollen Legs
- Difficulty Standing
- Leg Ulcers
- Blood Clots

IF LEFT **UNTREATED** THESE COULD LEAD TO MORE SERIOUS COMPLICATIONS. DON'T DELAY, TREATMENT TAKES **15 MINUTES.**

CALL US NOW! 917-717-5135

COVERED BY **MEDICARE** AND **MOST INSURANCE PLANS**

MANHATTAN
1153 1ST Ave, Manhattan, NY 10065

122 Fulton Street Ste 500 New York, NY 10033

1264 St. Nicholas, Washington Heights, NY 10026
168 St

BROOKLYN
924 Flatbush Ave, Brooklyn, NY 11226
2511 Ocean Ave Ste 102 Brooklyn, NY 11229

2444 86th St, Ste A, Bensonhurst, NY 11214

2965 Ocean Pkwy Ste 200 Brighton Beach, NY 11235

BRONX
5221 Broadway Ave, Bronx, NY 10463

384 E 149 St, Ste 201, Bronx, NY 10455

2157 Whtite Plains Rd, Bronx, NY 10462

947 Southern Blvd. Bronx NY 10459

3458-91 Jerome Avenue, Bronx, NY 10467

11 E Fordham Suite A, Bronx, NY 10468

STATEN ISLAND
1975 Hylan Blyvd, Staten Island, NY 10406

NEW JERSEY
766 Shrewsbury Ave, Ste 300 Tinton Falls, NJ 07724

81 Route 37 West Toms River, NJ 08755

QUEENS
116-02 Queens Blvd Forest Hills, NY 11375

30-33 Steinway St, Astoria, NY 11103

40-04 Forley St. Jackson Heights, NY 11373

59-20 Myrtle Ave Queens, NY 11385

1652-03 Jamaica, Ste, 200 Queens, NY 11432

LONG ISLAND
260 Sunrise Hwy Ste 102 Valley Stream, NY 11581

SUBURBAN NY/ ROCKLAND COUNTY
156 Route 59, Ste B1, Suffern, NY 10901

www.usaveinclinics.com

Bloomberg pledges $160M to stop youth vaping

Former NYC mayor wants to keep the vaping trend from impacting teens.

BECCA GLASSER-BAKER
Rebecca.Glasser@metro.us

ISTOCK

Bloomberg Philanthropies, owned by former New York City Mayor Michael Bloomberg, is pledging $160 million throughout the next three years to help ban flavored e-cigarettes.

Vaping has become a serious issue among teens. Statistics from 2018 show that 1 in 15 public-school students are currently using vapes. Additionally, even if they are not regular vape users, 14.4 percent of middle schoolers say that they have tried e-cigarettes.

Recently Juul has come under fire for allegedly marketing their items to teens. In response, the company released a statement: "Juul Labs exists to help adult smokers switch off combustible cigarettes, which are the leading cause of preventable death and contribute to over 28,000 deaths per year in New York.

"We do not want or need new non-nicotine users. Our market is the over 1 billion adult smokers worldwide who should have the opportunity to switch to vapor products if they so desire."

There has been a nationwide spotlight recently on lung illnesses potentially linked to vaping.

Bloomberg spoke with ABC about the announcement and said, "All of a sudden, all of the progress we've made reducing smoking, particularly in kids, is in jeopardy because they start vaping. Vaping is as bad, if not worse, than smoking."

> **"All of a sudden, all of the progress we've made reducing smoking, particularly in kids, is in jeopardy because they start vaping. Vaping is as bad, if not worse, than smoking."**
>
> **Michael Bloomberg**

According to ABC, Bloomberg Philanthropies' pledge money will help:

- Remove flavored e-cigarettes from the marketplace
- Ensure e-cigarettes are subjected to review before they reach the market, and that products now on the market are reviewed promptly
- End marketing practices that appeal to kids
- Stop online e-cigarette sales until sales to kids can be prevented

Bloomberg isn't the only one taking action. New York Gov. Andrew Cuomo on Monday announced that the state's Health Department is issuing subpoenas to three e-cigarette companies: Honey Cut Diluting Agent by Honey Cut Labs LLC in Santa Monica, California; Uber Thick by Floraplex Terpenes in Ypsilanti, Michigan; and Pure Diluent by Mass Terpenes in Amherst, Massachusetts.

Cuomo also said that stores in New York offering vape products will be required to add signage announcing the risks.

Beautiful **modern 17 story** building just minutes from mid-town Manhattan. Amazing views of Manhattan Skyline and Hudson River. Apartments feature **high end kitchens** with dishwashers and microwaves. Spacious Italian porcelain bathrooms. Building designed to the U.S. Green Building Council's Leadership in Energy and Environmental Design (LEED) Silver Certification.

Amenities include:

- rooftop clubhouse
- outdoor lounge area
- central laundry room
- children's playroom
- fitness center

22 South West

AVAILABLE UNITS AND INCOME REQUIREMENTS

Applicants will be required to meet income guidelines and additional selection criteria to qualify.

Applications may be requested by mail from 22 South West c/o Cornell Pace Inc., 542 Main Street, 3rd Floor, New Rochelle, NY 10801.

Please include a self-addressed legal-sized envelope with your application request.

Applications may also be obtained on the following website: **www.22southwest.com**. Completed applications must be returned by regular mail only to a post office box number that will be listed with the application, and must be postmarked by **November 4th, 2019**. Applications postmarked after **November 4th, 2019** will be set aside for possible future consideration.

Applications will be selected by lottery which will take place on Monday, November 18th. Applicants who submit more than one application will be disqualified. Disqualified applicants will not be accepted. This development has been posted on NYHousingSearch.gov.

No Brokers Fee. No Application Fee.

AMI	Bedroom Size	Monthly Rent [1]	# of Units Available	Household Size [2]	Annual Household Income [3]	
					Minimum Income	Maximum Income [4]
50%	1	$1,094	15	1 Person	$38,674	$42,150
50%		$1,094		2 Person	$38,674	$48,150
50%	2	$1,306	14	2 Person	$46,389	$48,150
50%		$1,306		3 Person	$46,389	$54,150
50%		$1,306		4 Person	$46,389	$60,150
50%	3	$1,507	3	3 Person	$53,623	$54,150
50%		$1,507		4 Person	$53,623	$60,150
50%		$1,507		5 Person	$53,623	$65,000
50%		$1,507		6 Person	$53,623	$69,800
60%	1	$1,320	47	1 Person	$46,423	$50,580
60%		$1,320		2 Person	$46,423	$57,780
60%	2	$1,577	43	2 Person	$55,680	$57,780
60%		$1,577		3 Person	$55,680	$64,980
60%		$1,577		4 Person	$55,680	$72,180
60%	3	$1,820	9	3 Person	$64,354	$64,980
60%		$1,820		4 Person	$64,354	$72,180
60%		$1,820		5 Person	$64,354	$78,000
60%		$1,820		6 Person	$64,354	$83,760
80%	1	$1,772	27	1 Person	$61,920	$67,440
80%		$1,772		2 Person	$61,920	$77,040
110%	2	$2,931	24	2 Person	$102,103	$105,930
110%		$2,931		3 Person	$102,103	$119,130
110%		$2,931		4 Person	$102,103	$132,330
110%	3	$3,384	6	3 Person	$117,977	$119,130
110%		$3,384		4 Person	$117,977	$132,330
110%		$3,384		5 Person	$117,977	$143,000
110%		$3,384		6 Person	$117,977	$153,560

1 Tenant pays electricity

2 Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria.

3 Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change.

4 Minimum income listed may not apply to applicants with Section 8 or other qualifying rental subsidies. Asset limits also apply.

NEW YORK STATE OF OPPORTUNITY | Homes and Community Renewal

Andrew M. Cuomo, Governor

RuthAnne Visnauskas, Commissioner/CEO of NYS Homes and Community Renewal

EQUAL HOUSING OPPORTUNITY

YOUR LEGS DON'T HAVE TO SUFFER!

- VARICOSE VEINS
- SPIDER VEINS
- LEG ULCERS
- LEG SWELLING
- BURNING
- ITCHING
- RESTLESSNESS

Personal & discrete care delivered directly by Ronald Lev, MD

Certified by the American Board of Venous and Lymphatic Medicine

We Accept Most Health Insurances including Medicare

Minimally invasive procedures

CALL TODAY!
212.204.6501

ADVANCED VARICOSE VEIN TREATMENTS OF MANHATTAN

111 John St, Ste 1450
(bet Cliff & Pearl St)
New York, NY 10038

369 Lexington Ave, Ste 18 A
(bet 40th & 41st St)
New York, NY 10016

TreatmentsOfManhattan.com
DRLEV@TREATMENTSOFMANHATTAN.COM

Abel Cedeno. GETTY IMAGES

Bronx teen sentenced to 14 years for killing classmate

Abel Cedeno said he "snapped" before stabbing a classmate to death.

BECCA GLASSER-BAKER
Rebecca.Glasser@metro.us

A teen convicted of killing a classmate in a Bronx school in 2017 was sentenced Tuesday to 14 years in prison.

Abel Cedeno, 19, stabbed two of his classmates at Urban Assembly School for Wildlife Conservation on Sept. 27, 2017, claiming he was the victim of homophobic bullying. Matthew McCree, 15, died in the attack, and Ariane Laboy, 16 at the time, survived. Laboy gave emotional testimony at Tuesday's sentencing, rebuffing Cedeno's claims that the attack was self-defense.

"Everything that happened that day almost two years ago, I'm not the same person I was two years ago," Cedeno said Tuesday at the sentencing. "I have been sorry about everything, for the damage I caused, for hurting two families," said Cedeno.

> **"Everything that happened that day almost two years ago, I'm not the same person I was two years ago."**
>
> **Abel Cedeno**

Cedeno will serve 14 years for manslaughter and eight years for assault. Both sentences will run concurrently, according to ABC. He will also be subject to five years of probation after he is released.

In July, a judge found him guilty of first-degree manslaughter, a fourth-degree possession of a weapon, and first-degree assault.

Cedeno admitted to stabbing the two classmates, who he claimed bullied him for being gay. During the trial, he also claimed to carry a knife as a means of protection, and said he pulled the blade out after McCree punched him, but does not recall stabbing him.

"The class was very rowdy and loudness and everything," Cedeno told ABC shortly after his arrest. "I just snapped."

At his trial, Cedeno claimed that the victims yelled anti-gay slurs at him, and along with others threw pen caps, balls of paper, and pencils at him. After Cedeno plunged the blade into McCree's chest and back, Laboy was stabbed trying to intervene.

ADVERTISEMENT ADVERTISEMENT ADVERTISEMENT

Doctors Urge Knee Pain Sufferers

"Don't Get ANY Surgery Until You SeeThis…"

After Years Of Intense Study, NYC Medical Clinic Finally Reveals It's Best "Treatment Formula" For Helping Knee Arthritis Sufferers... Especially When So Many Other Treatments Have Failed

NEW YORK CITY - If you are even remotely interested in discovering how the latest scientific discoveries can possibly help your knee pain... then this is going is be the most exciting information you ever read.

Here is why: Knee pain can not only be brutal... it's complex. In other words, it's not a simple, easy fix.

But I'm sure you already know that. Or you wouldn't be reading this.

That's the bad news.

Now for some good news...

Over the years, *NYC Pain MD* has treated countless knee pain sufferers. And in that time have been able to constantly improve.

And we have come up with a treatment formula that we have found works best and helps the most patients.

This formula has reduced or even eliminated the pain in many. Some were scheduled for knee replacement surgery and felt good enough to cancel their surgery.

It's amazing when patients who were once in excruciating pain... start feeling better. And start walking again. And playing golf. Or tennis. And finally getting their lives back.

Especially when they had gone to other doctors and tried so many other things.

So many had given up hope.

Sound familiar? If it does... check this out...

The Treatment Formula

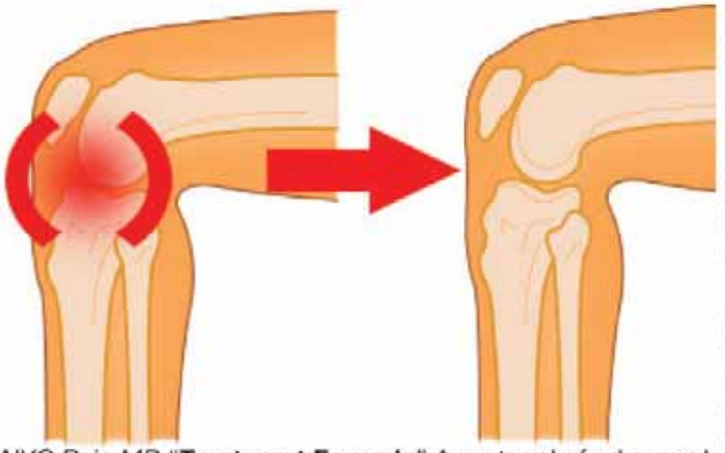
While I can't give you the entire treatment formula here (there is not enough space and WAY too complicated) I can give you the basics. And more important... I can tell you what it might be able to do for YOU.

The first and most important part of the formula is: PATIENT SELECTION.

This means, *NYC Pain MD* has a detailed screening process to tell who is most likely to be helped by their treatments... and who is not.

If you qualify, you have the opportunity to move forward and experience the worldclass treatments that *NYC Pain MD* offers.

If you do not, *NYC Pain MD* will tell you what they think your best options are and help you find the right doctor for you.



NYC Pain MD "**Treatment Formula**" A protocol of advanced medical treatments that has already helped thousands.

If you qualify, NYC Pain MD offers some of the most advanced medical treatments available today all using the most advanced imaging technology including:

- Viscosupplementation (gel injections)
- Platelet Rich Plasma (PRP)
- Stem Cell Therapy (Lipogems)
- Genicular Knee Block
- And more.

Once again, there is not enough space to go into detail about all these procedures... but here are some things you MUST KNOW....

Viscosupplementation is where a doctor introduces a gel-like medicine directly into the joint space. This helps to lubricate the joints often relieving some, most or even all of your pain. Results can last for 6 months to several years.

Many have had these treatments *without* good results. However, *NYC Pain MD* feels this is because doctors often do these "gel injections" without advanced imaging to guide them. Research shows they will often miss the joint. If the joint is missed... it is impossible for the treatment to work.

NYC Pain MD has spared no expense and used advanced imaging to guide the injections assuring the medicine gets into the joint. We frequently get results when this treatment was a failure done elsewhere.

The second thing you must know is... our treatment plans are custom made for every patent. And we have all these treatments offered in the same place. Many times you will get the best results from multiple treatments. At *NYC Pain MD* your doctors will all be there and will all know each other and you and your case. They work together and give you the best treatments and care without you having to go anywhere else.

The ability to select the right patients and then have the potential to give them any or all of these treatments... with all the necessary medical technology... under one roof... has allowed *NYC Pain MD* to get better results than they thought possible.

Here's What You Should Do Next

If you suffer with knee pain... and any of this made sense to you... *NYC Pain MD* would like to offer you a No-cost screening. That screening is the first step in our "Treatment Formula."

You will get to see a doctor and ask any questions you have. Your doctor will take the first steps to see if you qualify for treatments and give you recommendations.

The best thing is... you will finally get direction. You will know what's going on and what is your best course of action… step-by-step. The treatments will be explained in detail and you will breathe a big sigh of relief finally knowing what's going on and what can or cannot be done.

There is so much we want to say to help you... but I'm out of space. Give us a call at ***877-296-6310*** and take the first step. That step is free without obligation.

NYC PAIN MD

www.PainMDNY.com

877-296-6310

Apple unveils 3-camera iPhone; $5 streaming service undercuts Netflix

Company catches up with hardware rivals Samsung, Huawei.

Apple Inc. caught up with hardware rivals on Tuesday by revealing a triple-camera iPhone, and it rolled out a streaming TV service priced at $5 a month, undercutting Disney and Netflix.

The announcements came at the company's biggest marketing event, where it unveils its top products for the year ahead, and showcased an aggressive Apple ready to battle on price.

The long-awaited Apple TV+ streaming television service will be available in over 100 countries, starting in November.

Buyers of an iPhone, iPad or Mac will get a free year of streaming TV, potentially drawing hundreds of millions of viewers to the service. That catapults the new service into a rarified group of companies.

"I think the pricing on the Apple TV service was definitely a positive surprise," said Michael James, managing director of equity trading at Wedbush Securities in Los Angeles. "That's why you're seeing the hammering in some of the other video service-related names like Netflix, Amazon and Roku. Clearly, that was a positive that people were happy to hear."

There was no bundle with Apple Music or other services as some analysts had expected. But Ben Bajarin, an analyst with Creative Strategies, said the TV service, a $5-a-month "Arcade" gaming service and the base model iPhone 11, seem designed to draw in users for the longer term.

"We weren't expecting Apple Arcade and particularly Apple TV to be priced as aggressively as they were," Bajarin said. "They know once consumers get into their ecosystem, they don't leave."

Apple said its new iPhone 11 will come with two back cameras, including an ultra-wide-angle lens and the next generation of microchips, the A13. Prices start at $699, down from last year's new iPhone that started at $749.

The more expensive iPhone 11 Pro will have three cameras on the back — wide angle, telephoto and ultra-wide. It can create videos with all three back cameras and the front camera at the same time and starts at $999. The iPhone 11 Pro Max with a bigger screen starts at $1,099. The new phones are available to order Friday and will start shipping Sept. 20.

Rivals including Huawei Technologies Co. Ltd. and Samsung Electronics Co. Ltd. already sell phones with three cameras on the back. While Apple once tested the upper limits of what consumers would pay for a phone, it is now giving ground on prices, even making older models available at significant discounts t of catchup, but Apple did bring their game, particularly on the video side of the camera, where I do think they'll have the leg up."

Analysts expect Apple will sell around 200 million iPhones in the next year, in addition to other devices, and while many of those will be in China, it ensures at least tens of millions of potential viewers for the subscription service.

Hal Eddins, chief economist for Apple shareholder Capital Investment Counsel, said Apple's lower priced iPhones "aren't exciting on the surface, but the low streaming price may suck in some new subscribers." Apple shares gained 0.8 percent.

REUTERS

REUTERS

Division of
Continuing Education & Workforce Development
Hostos Community College
Improve Your Job Opportunities Through Our Certificate Programs and Courses
Accounting & Bookkeeping Basics
Active Shooter & Medical Emergency Prep
Basic Construction Management
Basic Electricity, Locksmith & Plumbing
Basic Property Management
Business Administration Management
Child Development Associate (CDA)
Construction & Site Safety Courses
CPR/AED and BLS
Culinary Arts & Culinary/Cooking Classes
DASA (Dignity for All Students Act)
Driver's & Commercial Driver's License
F-03 & F-04 Fireguard Test Prep
Food Protection (English and Spanish)
Industrial Sewing Academy
Integrated Pest Management
Landlord Tenant Law & Zoning Compliance
OSHA 10 & 30-Hour Outreach Training
Personal Trainer
Professional Cab Drivers License
Real Estate
Security Officer Certification 8 & 16 Hours
Sports Nutrition Consultant
Teacher Assistant
Training in Needs of Students with Autism
Training in the Recognition & Reporting of Child Abuse & School Violence Prevention
Register Now! 718-514-7103
www.hostos.cuny.edu/Continuing-Ed
Get Social!
Get Trained. Get Hired.
CUNY
Join us at an OPEN HOUSE
Saturday, September 21, 2019 11:00am-1:00pm
Thursday, October 3, 2019 6:00pm-8:00pm
560 Exterior Street, Bronx, New York 10451
THE SKILLS TO DO THE JOB
Transforming Lives and Forging Futures

Ahead of election year, more Americans lack health insurance, incomes stall

An exterior view of the United States Health and Human Services Building on Street Southwest in Washington, D.C. REUTERS

The share of Americans without health insurance rose for the first time in a decade last year and U.S. household income hardly budged, according to a government report on Tuesday that laid bare issues that could be central to the U.S. presidential election next year.

In a closely watched annual release of survey data detailing health care and economic trends in 2018, the Census Bureau painted a mixed picture of how households fared during President Trump's second year in office, a time of strong economic growth and low unemployment.

Earnings grew a solid 3.4 percent, the percentage of people in poverty fell to 11.8 percent last year from 12.3 percent in 2017, and women in particular saw strong employment gains.

But growth in household income, which includes earnings and all other sources of cash, largely stalled after three years of steady growth. Census officials said they could not readily identify the cause.

In addition, about 27.5 million residents, or 8.5 percent of people, did not have health insurance in 2018, an increase of almost 2 million from the year before, when 7.9 percent of people lacked coverage, the Census Bureau said.

It was the first year-to-year increase in the percentage of uninsured people since the Great Recession, Census officials said, and reverses the steady expansion of coverage since the Affordable Care Act took effect in 2014.

President Donald Trump campaigned on repealing the ACA, also known as Obamacare, but failing that has taken steps to weaken the law's benefits and protections, including reducing funding for groups that help people acquire health insurance. REUTERS

NEWLY CONSTRUCTED APARTMENTS FOR RENT

Fountain Seaview LP - A.1 is pleased to announce that applications are now being accepted for **47** affordable housing rental apartments now under construction at **11629 Seaview Avenue** in the **East New York** section of **Brooklyn.** This building is being constructed through the Low-Income Housing Credit Program (LIHC) and the NYS Low-Income Housing Tax Credit Program (SLIHC) of the New York State Homes and Community Renewal. The size, rent and targeted income distribution for the 47 apartments are as follows:

# Apt. Available	Apartment Size	Household Size*	Monthly Rent**	Total Annual Income Range*** Minimum - Maximum
3	Studio	1	$967	$36,280 - $44,820
16	1 Bedroom	1 2	$931	$38,880 - $44,820 $38,880 - $51,240
23	2 Bedroom	2 3 4	$1124	$46,600 - $51,240 $46,600 - $57,660 $46,600 - $64,020
5	3 Bedroom	3 4 5 6	$1292	$53,880 - $57,660 $53,880 - $64,020 $53,880 - $69,180 $53,880 - $74,280

* Subject to occupancy criteria
** Includes gas for cooking
*** Income guidelines subject to change

Qualified Applicants will be required to meet income guidelines and additional selection criteria. To request an application, **mail a POSTCARD or a SELF-ADDRESSED ENVELOPE to: Fountain Seaview LP – A.1, 1044 Northern Blvd. – 2nd Fl, Roslyn, New York 11576. Completed applications must be returned by regular mail only (no priority, certified, registered, express or overnight mail will be accepted) to a post office box number that will be listed on the application, and must be postmarked by November 1, 2019.** Applications postmarked after November 1, 2019 will be set aside for possible future consideration. Applications will be selected by lottery; Applicants who submit more than one application will be disqualified. Duplicated applications will not be accepted. A general preference will be given to New York City residents. Units will be available pursuant to the Fair Housing Act's equal opportunity and accessibility requirements and the accessibility requirements of Section 504 of the Rehabilitation Act. The project will be posted on ***NYHousingSearch.gov*** and is a ***100% Smoke Free*** property.

No Broker's Fee. No Application Fee.

ANDREW M. CUOMO, GOVERNOR **BILL de BLASIO, Mayor**

New York State Homes and Community Renewal
RuthAnne Visnauskas, Commissioner/CEO

www.nyc.gov/housing • www.nyshcr.org

Homes and Community Renewal NO SMOKING

QUALITY DENTURES
THE SAME DAY
NY's Place for same day dentures for over 40 years.

Smile with Confidence

NEW PATIENT PACKAGE
MAINTENANCE
CLEANING
DIGITAL X-RAYS
$89
With This ad only. One per patient.
First visit only. Coupon expires 10/15/19
*some restrictions may apply

NEW PATIENTS Only
ONE
DENTURE
RELINE
$194
With This ad only. One per patient.
First visit only. Coupon expires 10/15/19
*some restrictions may apply

FREE CONSULTATION

DENTURE REPAIRS AND RELINES WHILE-U-WAIT!

MOST INSURANCE PLANS WELCOME
SENIOR Cit. Discounts* on new dentures and crowns
Full Service State of-the Art Cosmetic Dentistry

HERALD SQUARE DENTAL & THE DENTURE CENTER EST. 1977

224 West 35th St., New York, NY
16th Floor (between 7th and 8th Avenues)
Call Now! 212-689-0024 • www.denturecenter.com
*Cannot be combined with other offers *not to be combined*

the Grumble

sudoku

EASY

1					8		4	3
							8	5
	4	5				2	7	9
3		4		5	9			
5			1		2			4
			7	6		3		2
7	5	6				4	2	
2	1							
4	3		2					8

MEDIUM

	9					3		
	3		4	5			8	2
8				1	9			
3	1				7	5		
		7				4		
		8	5				7	3
			2	6				7
1	4			8	5		6	
		6					4	

HARD

		2	3			7		
	9		1	5				
		6			7	5		
	2							
	1		5	9	3		4	
							9	
		5	8			2		
				4	6		1	
		1			5	6		

READER WRITE-INS:

THE POPEYES CHICKEN SANDWICH

Okay. I really want to try this sandwich. Who doesn't? But do they really think they are fooling anyone with how early they sell out? Popeyes knows what they are doing. They are just waiting for the frenzy to die down before they make it more available. Until then, I'll wait.

— **Gregg**, *Metro New York reader*

ISTOCK

metro & evvnt

INVITE THE WORLD TO YOUR EVENTS

List your event on metro.us/events

metro.us/horoscopes

Aries Checking out new possibilities will boost your morale. You'll have to see for yourself if you want to make a move. Don't rely on someone else's interpretation.

Taurus Look, see and do. As long as you do your due diligence, you can turn your objective into a reality. Communication, travel and romance are in your best interest.

Gemini Position yourself to work hard and get things done. Refuse to let anyone sidetrack you or tempt you to get involved in something you shouldn't.

Cancer Do things your way. Your unique nature will attract interest from someone you've been trying to get to know better. Home improvements and intimate relationships are favored.

Leo Making a change based on your emotions will not solve a problem or improve a situation. Do something relaxing. Distancing yourself from a quandary will help you gain perspective.

Virgo Be part of the solution, not the problem. Consider making changes that will promote better relationships and more valuable opportunities. A proactive approach to life, love and prosperity is essential.

Libra Don't let someone new waltz into your life and take charge. Rely on friends who have never disappointed you. Good advice will save you from making a costly mistake.

Scorpio Embrace change. Don't let someone use emotional tactics to hold you back. Relationships should be supportive, not restrictive. Evaluate your current position and make appropriate changes.

Sagittarius Keeping an open mind doesn't mean that you must always do as someone asks. Listen to suggestions, but do what feels right and suits your current needs.

Capricorn If you keep plugging away, you will make a difference. Protect yourself against people who are trying to take advantage of you financially. If you offer suggestions, not cash, you will avoid a loss.

Aquarius An opportunity is only worth looking at if it's something you want in the first place. Don't feel bad taking a pass when the benefit is for someone other than you.

Pisces Consider what you need and what you don't. You'll ease stress if you give away the things you no longer require. Romance is in the stars. EUGENIA LAST

LIFESTYLE

5 WAYS MEN'S FASHION IS BEING RENEWED

Metro investigates how "dangerous-to-wear" clothing is being transformed into something not so scary. Although catwalks are artistic concepts, cringe does not cease to exist. Those maxi pieces, colored and bold, are not for everyone. But there are brands and personalities that, little by little, introduce elements that allow you to explore your personal style in a slightly less striking and subtle way. Metro chatted with Alejandra Brizio, creative director at Soloio, on how the brand has handled this great renewal of men's fashion gradually created a consumer less fearful of risk. **LUZ LANCHEROS, MWN**

SURVIVING IN THE KINGDOM OF ATHLEISURE

While there are athleisure brands triumphing around the globe, men still buy the same things. Among them, suits.

"I have a canvas suit that makes a tie or handkerchief stand out more. I don't see it as a problem. You can wear the best suit, but people will always remember you by the tie."

HAS MASCULINE ELEGANCE BEEN REBORN?

"The fact that there were no worries is unusual. If you look at the the history of clothing, men have been even more concerned about it than women. They, long ago, wore feathers, brocades, fantastic jackets and uniforms. We have passed the Middle Ages of menswear and we have reached the Renaissance."

EXTRAVAGANT WALKWAYS

Many men are scared to see pieces arranged in a way that they do not understand, or flat, very striking. Therefore, what Brizio offers to men who look for fashion is a touch of what is seen at the big parades.

"For me, the catwalk is art. It is not something that is really done for everyday life, but it makes people think and trust a brand that can create pieces at another level. What we do here are garments and prints. Sometimes we have a problem of being copied, because we have a huge design machinery. We make prints with the costumes, but they are made in Naples. It is a way in which the consumer can have a unique piece, a design garment. Sometimes it is difficult for you to wear a print, but it is much easier with a known garment. This way you dare and feel safe to take the next step."

CONFIDENCE IN COLOR

Soloio is one of the brands specializing in color. And it is working that way during an era when wearing a pink shirt is normalized — or at least, it aspires to be.

"That is changing a lot, because men are starting to ask themselves why the outfit has to be so boring. And why you have to have only one gender criterion when there is already more acceptance. Therefore, freedom is a cry and leads to mental openness. And when considering new things, you learn about a different visual image, more in line with your essence. And that is what we want. Our mission is to 'wake up' through dressing (the most immediate artistic manifestation we make, whether we like it or not) expressions that we did not know that did not exist. That is why it is far from being banal," Brizio explained.

TYPES OF CONSUMERS

Some brands have flown with that desperate millennial air and at all costs try to reflect it in campaigns, parades and events. Soloio wants to reach more people who love the risk.

"We are very bold. There is diversity in the company. What we want is to reach a client that has the strength and desire to evolve. Be it a 15-year-old boy or a 90-year-old man with that spirit. I don't like to limit the target customers. We want everyone to love us: those who love art, unique pieces... From the moment we make the print and we specify it — in workshops with good conditions, because people leave their emotional trace of the garment — sellers understand their history and can make it vibrate for the customer to enjoy. That's where my mission ends."

Affordable Door-2-Door
Between Boston and NYC

Be Picked-Up & Dropped-Off where you like

2 travel for $75 PP with code METRO

1 833 SHERPIN www.gosherpa.net

Feet Hurt? Bunions?
Hammertoes? Heel Pain?

Platelet Rich Plasma Therapy (PRP)
A new approach for treating Tendon Injuries for the Achilles, Tendonitis and Plantar Fasciitis (Heel and Arch Pain)

Take The Foot Health Checkup

- My toenails are streaked, discolored and thickened.
- The sides of my toenails dig into the skin and hurt.
- I have a large bump behind my big toe (or little toe) which is always red.
- I get an extremely painful "cramp" in the area of my third and fourth toes when wearing shoes.
- My toes aren't straight– they are all cocked-up, bent and hurt.
- I have painful calluses on the ball of my foot which keep building up.
- I have corns on my toes which get thick no matter what shoe size I wear.
- The bottom of my heel hurts all day, but it's worse when I step out of bed in the morning.
- I have cramps in my legs which always happen when I walk the same distance.
- My ankles are swollen most of the time.
- My feet are always dry and scaly – sometimes they itch.
- My feet just hurt all over when I stand or walk a lot.
- I have numbness, burning, infection, persistent pain, skin rash, or open sores.

Relief For Chronic Heel Pain

Now Featuring genesisplus
New FDA Laser Treatment For Nail Fungus, Scars & Warts
CUTERA

New Treatment For Heel Pain, Shockwave, PRP (platelet rich plasma) as seen on the front page of The New York Times

If any of these apply to you... Call today.

Patient is responsible for co-pays & deductibles

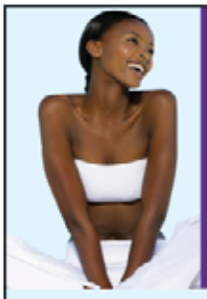
most insurance plans accepted complete family foot care laser surgery available

The Most Advanced Techniques Used For Bunions & Hammertoe Correction

Downtown location
65 Broadway Suite 1103
Financial District
NYC, NY 10006
212-486-7333

Midtown location
121 E. 60th St.
New York City, NY
212-486-7333
Paul Drucker DPM
Jordan Drucker DPM

235 East 22nd Street
(between 2nd and 3rd Ave)
1 212-486-7333
184 east 70th st
212-772-3500



www.nylaser.net

Be Hairless and Smooth

HAIR REMOVAL
END OF SUMMER SALE

WAX IT OFF...
EUROPEAN WAX
FOR SENSITIVE SKIN

2 For 1 Sale -
Do One Now Save One For Later

Brazilian Wax	2 for $50
Full Legs Wax	2 for $50
Face Wax	2 for $50
Back Wax	2 for $50
Full Arms Wax	2 for $50
Chest & Stomach Wax	2 for $60
Full Body Wax Includes Brazilian Area	$69

**Pain free wax $15 extra per area

coolsculpting
FAT REDUCTION
No Surgery • No Diet • No Exercise
One Treatment Is All You Need
• Result in 3 weeks
$300 off FREE CONSULTATION
We accept care credit and can help you apply

LASER HAIR REMOVAL...
PERMANENT RESULTS
All Skin Types. Updated Lasers.
Yag & Diode.

Small Area	$60
Medium Area	$75
Large Area	$99
Full Body	$249

Package Sale: Bye 5 Get 1 Free

THREADING HAIR REMOVAL
Eyebrow threading ..... 2 for $25
Full face threading includes brows..... 2 for $40

EMSCULPT
Builds muscle without exercise • Lifts sagging booty and tones
Buy 4 get 2 FREE
We accept care credit

180 7th Ave. South, Btwn W. 11th St & Perry St
spa Jolie
Laser, Slimming & Anti Aging Spa
212.229.1389
Open 7 Days
Exp. 9/23/19. We accept care credit

Print / Display / Native / Programmatic?

Yeah, we've got that.

metro media.us

Free Implant Consultation

Missing teeth?
Loose dentures?
Get implants, chew better!

- Eliminate Gum Disease
- Regrow Bone
- Crowns/Veneers
- Cosmetic Dentistry
- Se Habla Espanol
- Most Insurances Accepted

Over 20 years of experience

Free Financing Available
(250 East 58th St NY, NY 10022), Near all major trains
NewCenturysmile.com
Call (212) 752-2212

Brandi Carlile on leveling the playing field, one venue at a time

We spoke with the singer-songwriter ahead of her show at the Mann Center this Friday.

PAT KING
patrick.king@metro.us

Brandi Carlile is not just paving a road with her good intentions, she's creating a brand-new highway from the ground up. With her tireless work ethic and hard-won success, the critically acclaimed and popularly adored singer-songwriter is playing to some of the biggest crowds of her career while trying to address issues of female representation that have tarnished the music industry for decades. With the momentum of taking home three Grammys for her 2018 album "By The Way, I Love You," Carlile will be touring throughout the remainder of the year playing such venues like Philly's Mann Center this Friday and Madison Square Garden in New York next week. I caught up with the singer to talk about her journey to this moment and the importance of using your platform for good.

Your 2018 record "By The Way, I Forgive You" seems like a record that needed to be made in our current us-versus-them landscape but will remain timeless after the fact. The two centerpieces of the album, "The Joke" and "The Mother," seem to be giving advice to your daughter Evangeline. Was that your feeling going into writing this record?

Yeah. And also, I think trying to be a salve or soothing in some way to parts of the world that felt not just slighted by change in the atmosphere that we all feel, but also kind of laughed at by it and picked on by it. You know, we ushered in a new realm I think of insensitivity and unkindness with our sort of political atmosphere and I was kind of feeling like, all right, laugh now, you know? And so, in the same way that you want your children to feel in school, like the era of bullying and being ostracized ends in redemption, I wanted people to feel the same way about the era of bullying and ostracization that's kind of tempering our country right now.

A lot of people look at an artist's trajectory as starting from their first releases but don't understand that getting to that release is a lifespan of an artist unto itself. Doing so well at the Grammys and now playing these large venues must seem like such a victory lap with that in mind.

Yeah, it's true. I mean, I'm only looking down the hill, you know? It's like, for some reason, both an impressive climb and look at it and go, God, that's steep. You know? And for some reason I've been able to approach the climb and look at it and go, that ain't that bad. This is actually really fun and gradual and then get to the top of it and look down and go, "holy s—t." It's like that for me. I have always felt like I'm on the brink of all my dreams coming true since I was like entering karaoke contests and s—t. You know, the thing is I'm not saying it hasn't been a struggle. I have washed my hair in a lot of gas station sinks and I've had a lot of unsavory times.

A big constant in your career has been your creative partnership with twin brothers Phil and Tim Hanseroth. You've referred to your partnership as being in a band that just happens to be called "Brandi Carlile." It seems like a really safe way to keep a good perspective on things.

Yeah, I think it's safe. People create characters all the time to do this job because it's a dangerous job. They change their name, they change the way they dress. They do something so that they can differentiate between who they are and who they're going to be. It doesn't mean they don't enjoy being that person on stage, or in the job, it just means that they have to have something to preserve. And whenever you are in something in and you call it your name, I think you have to be really, really careful. And for me and the twins, it was accidental that it wound up being that way, you know? It was just the way it was at the restaurant and busing level that we started when we met and when we got our record deal, we just didn't consider it. But then it developed into starting stuff about

publishing. We put the brakes on and we were like, "Whoa, whoa, whoa. Let's make this Brandi Carlile thing an even split, no matter what we do, even though it's called, you know, Brandi Carlile." Nobody's possessive over their intellectual property or over their name or recognition. So we've split it up that way. Knowing that my name wasn't leaving me anymore in that way. Which is good, because I never really liked my name. That sounds conceptually really strange, I think, on the outside. But when you do this with twins, you have to understand that they're kind of ... not in a negative way, but like codependent by default. They don't even have their own face. So it's like when you enter into this kind of thing with them and you say, listen, we're all "Brandi Carlile."

Whether through your charity work or addressing the issue of female representation at major festivals with your Girls Just Wanna Festival, you have always used your platform for good. How important do you think it is to lead by example in that way?

I think it's ethically important. I mean, so first of all, the twins have never balked at it for one second. Even before discussing feminism and representation, which was cool and being discussed in the mainstream. They never once questioned that. I think always been powerful to see these two 6-foot tattooed men standing behind and backing up a woman singer vocally. It's really fundamentally supportive in a really powerful way. So I think that's really important for women to see, to a certain extent. We spend a lot of time being background singers, playing tambourines or being this kind of utility player. The girl in the band. It's a role reversal of that. And then representation as a whole, I see as a really important problem because people know the work that I've done for refugees and displaced people has given me perspective on what we cry persecution about. I think we have to be really careful about that. I think that representation, on a level as it pertains to my daughters, is important because women and men are so different that there is an entire part, in fact, half of the story of the human race not being told with music right now in the way that it should be in the numbers that it should be told in. That's a big thing that affects young people. I know that I found huge parts of my identity in the arts. I don't know that I would have a family or would be married if I weren't told by people like me in the arts that it's possible. And so I just think it's really important that you take a good, hard look at particularly the genres that are extremely exclusive right now, like the roots and country.

With that being said, what is the story behind your new supergroup, The Highwomen, with Marrin Morris, Amanda Shires and Natalie Hemby? It seems like you are putting the country music world on notice.

We're trying to tell the stories that we felt we needed to hear to be the people that we are. And some — some women, some girls in rural parts of America — only have access to country music. That's all they're allowed to listen to. That was where I was in my childhood at the time, and even though I didn't have very many gay women singers in my youth, just the women's stories, just stories of women coming of age are really important to young girls. The Dixie Chicks were really important to young girls. So we're trying to be that thing for our daughters and hopefully open the door so that more people can be that thing, you know?

Make sure to catch Brandi Carlile at Madison Square Garden this Saturday, September 14.

HOME

5 DIFFERENT VR TRAINING USES

| ALL PHOTOS ISTOCK

CINEMA

The use of virtual reality has even reached the so-called seventh art. The most recent and successful example is the film "The Lion King." According to director Jon Favreau, this technology was used to develop the spectacular animation that has stunned audiences around the globe. DANIEL CASILLAS

CORPORATE

Some companies have started using virtual reality as a more effective tool to train their workers to perform specific tasks and procedures, thus achieving savings and improved results. Walmart is one such example. Its employees take VR-enhanced classes that offer entirely realistic scenarios that can occur in supermarkets or stores and require the trainee to make decisions based on what they see in front of them.

POLICE

Police also use this technology for training. Recently, the Pima County Sheriff's Department in Arizona implemented a VR program to help law enforcement practice their reactions in potentially volatile situations.

SPORTS

More and more professional sports teams are turning to VR to prepare their players, who no longer only train on the field but also in closed spaces using special equipment. NFL teams are pioneers in this field.

ARMY

The U.S. military has recently created a huge platform to help train infantrymen on virtual battlefields. It is possible to simulate any place on the planet where soldiers might intervene.

VISIT LTS 1ST • BEST LOCATIONS • POCONOS BEST • VISIT LTS 1ST • BEST LOCATIONS • POCONOS BEST • VISIT LTS 1ST •

POCONOS' LEADING HOME BUILDER

The Canterbury Designs Starting in the $260s

LTS Will Beat Any Builder's Incentive*!

Don't gamble with another builder. Build with the best! Visit LTS.

LTS HOMES
EXCEEDING EXPECTATIONS™

- Closest locations to NY and NJ
- Best quality, value & service
- Low down payments & interest rates
- Home designs starting in the low $200s

Call Today! 800-587-5432
GWB to I-80W into PA exit 309, go ¼ mi.

Models open daily!

Certain LTS communities consist of properties that are bound by a Homeowners Association, offered through a PA Offering Statement. This ad is not intended as an offer to residents in states where properties are not registered. *Based on Incentives advertised by PA Builders in Metro within the same week, and within 20 miles from our office. This offer may be withdrawn at any time.

WWW.LTSHOMES.COM

Noah Syndergaard (left) continues to make it known that he would rather pitch to Tomas Nido or Renee Rivera. Manager Mickey Callaway (right) refuses to listen. GETTY IMAGES

MICKEY CALLAWAY INCORRECTLY HANDLING NOAH SYNDERGAARD BEEF

PANTORNO'S PERCH

JOE PANTORNO

When you stumble across an organization as dysfunctional as the New York Mets, ridiculous story lines and decisions become commonplace.

This week has pitted one of the team's best pitchers, Noah Syndergaard, against his manager where once again, Mickey Callaway continues to show just how tone-deaf and unfit he is to lead the clubhouse.

A report from the New York Post revealed that Syndergaard was "livid" with Mets management after he was forced to work Sunday against the Philadelphia Phillies alongside catcher and battery mate Wilson Ramos.

Syndergaard has made it known that he would rather work with either of the team's backup catchers in Tomas Nido or Renee Rivera.

The numbers make a pretty strong argument in Syndergaard's defense.

In 15 games with Ramos, Syndergaard's ERA is at a 5.09. He gave up four runs on six hits in five innings against the Phillies on Sunday with the veteran backstop behind the dish.

It was still a step up from the last time those two worked together, though. Syndergaard was hammered for nine earned runs in three innings on Aug. 28 against the Chicago Cubs.

In between those bad outings, he went seven innings against the Washington Nationals, allowing just three hits and no runs.

His catcher? Rivera.

It was the only time this season the two had worked together. But in 29 career starts with him, Syndergaard's ERA is a 2.59.

In 10 starts with Nido this season, Syndergaard's ERA is at a 2.45. That number is even better in 22 career starts at 2.17.

Both Nido and Rivera have shown an ability to effectively catch and frame Syndergaard's stuff — which is predominantly low in the zone.

Ramos, on the other hand, has had his fair share of difficulties handling the fireballing right-hander.

That doesn't seem to bother Callaway much at all, though.

"You know what, Noah understands that I'm going to make the lineup out," Callaway told SNY. "And he's going to go out there and compete for the team. He understands that we're trying to do something special here and get to the playoff and that everything else is separated from that. So we're going to continue putting the best players on the field at all times, and every one of our players in there is going to compete to the best of their ability and only worry about the team."

Ramos is by far the Mets' best offensive catcher and he's been red-hot at the plate recently. He's slashing a ridiculous .422/.455/.603 in his last 31 games and he's too valuable to be out of the lineup when every game is a must-win.

However, Callaway is giving Ramos plenty of days off or bringing him in to pinch-hit. Of those last 31 games, he's started 26 of them and entered the other five in the seventh inning or later.

He's also received three full days off as well.

So why not schedule Ramos' days off or non-starts for when Syndergaard is slated to pitch? Wouldn't the best lineup include the catcher that ensures your starting pitcher succeeds?

That way, it takes some pressure off the offense to go out and score 10 runs per game because the manager doesn't know how to properly handle his bullpen.

Callaway's argument doesn't hold much water because this is the same man who was playing Todd Frazier over JD Davis or Jeff McNeil at various points throughout the season.

The only thing the Mets manager is doing right now is driving a stake through Syndergaard's relationship with the team. When working with the right catcher, he's proven that he can be a top-end starter and he should have the opportunity to be that — even if it's someplace else.

With trade rumors surrounding Thor having been prevalent for much of the past two seasons, it would be a shame if Callaway's stubbornness plays a part in a potential Syndergaard exit from Queens down the road.

MVAC NYMETROVEIN
Metropolitan Vein and Aesthetic Center

Painful Veins and Swollen Legs? Don't Hide Your Legs Anymore!

Let Dr. Adam Goldman Remove Your Varicose Veins and Reduce the Swelling In Your Legs

"Show Off" Your Legs Again!

Covered by most health insurance plans and Medicare

Hablamos Espanol

Dr. Adam Goldman, MD

www.nymetrovein.com

BEFORE AFTER

We specialize in circulatory problems including but not limited to:

- Varicose Veins
- Spider Veins
- Burning & Itching
- Skin Discoloration
- Clots
- Leg Pains & Cramps
- Difficulty Standing

for Extended Periods *We Will Eliminate Your Varicose Veins*

BEFORE AFTER
Elimination of Veins

- The procedures are minimally invasive with local anesthesia
- You can return to your daily activities the next day
- We can alleviate your discomfort with excellent results

Call for a **FREE** *consultation and mention this ad when you call*

WE ALSO OFFER A VARIETY OF COSMETIC SERVICES

Call us today to schedule a free consultation.

866-236-1793

4915 Broadway Apt. 1-0, New York, NY 10034
750 Mclean Avenue, Yonkers, NY 10704
37-73 103rd Street, Corona, NY 11368

James Paxton has been the Yankees' best pitcher since the start of August. GETTY IMAGES

Paxton emerging as Game 1 ace for Yanks

The southpaw's resurgence has presented the Yankees with a solid option for a Game 1 starter in the playoffs.

JOE PANTORNO
joseph.pantorno@metro.us

James Paxton's recent emergence as an ace is going to be a godsend for the New York Yankees.

As the top team in the American League prepares for an October run, their largest issue — as it has been all season — has been their starting pitching.

Their expected ace, Luis Severino, who is still working his way back from injuries to his rotator cuff and lat, hasn't thrown a single pitch in the majors this season.

It left the Yankees with a concerning combination of starters ranging from the surprising Domingo German and his 17-4 record to the struggling JA Happ and his bloated ERA that's over five.

Somewhere in between this year has been the inconsistent Masahiro Tanaka and oft-injured CC Sabathia, as a litany of injuries has forced the Yankees to experiment with reliever Chad Green as an opener.

Then there was Paxton, acquired from the Seattle Mariners over the winter and expected to be the No. 2 man behind Severino in a healthy Yankees rotation.

Initially, it was an unfair expectation to put on the southpaw despite his previous strong seasons in Seattle.

Paxton was going to experience a new workload, having pitched more than 136 innings just once before in his career. Plus, he was a flyball pitcher entering a home-run-friendly ballpark in Yankee Stadium and had a history of control issues. That was a concerning combination with a questionable defensive catcher like Gary Sanchez behind the plate.

Those concerns seemed plenty warranted after Paxton's difficult start to life in the Bronx.

He struggled mightily in his first 18 starts, posting a 4.72 ERA in 89.2 innings pitched with 17 home runs allowed through July.

It's not No. 2 stuff when opponents are slashing .282/.346/.499 against you.

The turn of the calendar to August, however, has brought about the Paxton that most Yankees fans were expecting to see.

In his last eight starts, he's 8-0 with a 2.57 ERA with just five home runs allowed in 49 innings pitched.

He's pitched two straight gems, following up a seven-inning, one-hitter with 12 strikeouts against the Texas Rangers with 6.2 innings of shutout ball and seven strikeouts against the Red Sox in Boston on Monday night.

What's been the main change?

Paxton is throwing his devastating curveball more often after putting it on the back burner for the first half of his Yankees career.

"My curveball plays off my fastball really well," Paxton told Lindsey Adler of The Athletic. "They start off the same plane, so guys have to decide whether it's the curveball or fastball and I think they sometimes get stuck between a little bit."

During that difficult stretch of 18 starts, Paxton was throwing his curveball on an average of 14.3 percent of his pitches per outing, per Fangraphs.

The lack of use made it easier for opposing batters to identify a fastball that lacked bite due to a knee injury, thus making him a more predictable pitcher.

Now healthy, Paxton's fastball has life and he's going to his curveball a lot more.

During his 8-0 run, his average curveball use has jumped to 25.1 percent per outing.

His resurgence is providing the Yankees with a clear answer to a lingering question that has sat in the back of their minds all summer:

Who would start Game 1 of a playoff series?

While German's record has been sterling, his ERA over his last nine starts has been at a swollen 5.73. During that same stretch, Happ's is at a 5.63.

Tanaka's is even worse with a 5.95 over his last 10 outings.

Sometimes it's best to treat your starting pitchers like NHL teams do with their goaltenders approaching the playoffs. And that's to ride the hot hand.

Paxton is exactly that.

MEDICAL RESEARCH

To advertise, call Peter Blankenstein at 212-457-7751 or email peter.blankenstein@metro.us

HEART TO HEART 2

NO PRESSURE, NO JUDGMENT

HIV RESEARCH STUDY

We understand HIV can be a roller coaster and it is difficult to stay on HIV medications and go to medical appointments. The Heart to Heart 2 Program addresses these issues **without judgment or pressure.** We get it.

We are looking for people who are **struggling with HIV medications and HIV care** for a research project conducted by the NYU Silver School of Social Work.

You must be between the ages of 18 – 65 years old, living with HIV, living in the NYC metropolitan area, and African American/Black or Latino/Hispanic to participate.

Contact us at **212-992-6670** for more information and to see if you qualify for the study.
Compensation is provided and your participation is confidential.

Approved by the NYU School of Medicine
IRB #s15-01480 PI: Marya Gwadz, PhD

Are you a smoker or an ex-smoker?

NYU School of Medicine
NYU LANGONE MEDICAL CENTER

Or maybe you've been told that you have COPD. If so, you might be eligible to participate in a study that involves two study visits during which a blood draw and bronchoscopy will be performed. You must be between 18-70 years old; and have smoked for more than 15 years. You will be compensated for your time. For more info: contact the Clinical Research Center at: **917-938-5396**.

Approved For Period: 8/12/2019 - 6/3/2020

COLUMBIA
Columbia University Irving Medical Center

New York State Psychiatric Institute

NYSPI IRB Approved 7409 11/16/2018 -> 11/15/2019

Are you feeling depressed?

Is your anti-depressant treatment not working as well as you hoped it would?

If you are aged 60 years or older you could be eligible for a federally funded research study at the Columbia University Medical Center that provides:

OPTIMUM
Optimizing Depression Treatment in Older Adults

- ❖ A free evaluation
- ❖ Treatment with FDA approved medication
- ❖ Compensation of up to $300
- ❖ A more active and fulfilling life

Call Adult and Late-Life Depression Center at 646-774-8698 now to see if you are eligible. Para servició en español, llame al 646-774-8692

metro CLASSIFIEDS To place an ad call 866-900-9473 or visit us at www.metro.us

ATTENTION RESEARCH VOLUNTEERS
Healthy individuals (ages 21-55 years) who use heroin intravenously (IV) are needed for an 8-week inpatient study investigating medication effects at the New York State Psychiatric Institute. Earn approximately $6,720.
Call the Substance Use Research Center at
646-774-6243

Are you a caregiver or healthy adult looking to help further the research on cognitive impairment and Alzheimer's disease?

Participate in a new research study:

- Eligible participants are healthy adults, aged 60-85 years
- Help us assess new ways of testing memory and attention
- Receive a free research MRI scan
- May receive monetary compensation for your time

If interested, please call: 646-774-8635

COLUMBIA UNIVERSITY MEDICAL CENTER
Discover. Educate. Care. Lead.

THE STUDY IS CONDUCTED AT THE NEW YORK STATE PSYCHIATRIC INSTITUTE/COLUMBIA UNIVERSITY MEDICAL CENTER AND IS FUNDED BY THE NATIONAL INSTITUTE ON AGING.

ITEMS WANTED

Absolute Yes! SAME DAY
!CASH PAID!
One Touch Ultra.100, Freestyle Lite 100, Contour 100, Contour Next 100, Accu Chek 100
888-415-0796 instant! for Diabetic Test Strips
224 w 116 st, B, C, 2, 3 trains
NEW HOURS TH, 2-6:30 / M-F, 2-4PM

REAL ESTATE

Rooms for Rent

All Manhattan/Bronx

Furnished Rooms For Rent! Cable/Internet Ready! Move In Today! All utilities Inc. Starting Just $150/wk.
Call Us Now:(212)368-2685

100's Available, All Boroughs

Rooms: $150 week/up
Studios: $900 month/up
212-210-9206

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro US reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

metro CLASSIFIEDS
To place an ad call 866-900-9473

metro CLASSIFIEDS
To place an ad call 866-900-9473 or visit us at www.metro.us
DEADLINE: 2 BUSINESS DAYS PRIOR TO PUBLICATION AT 4 PM.

Confused about advertising?

We can help.

metro media.us

CAREER TRAINING

ACCESS INSTITUTE

JOBS

We Train & Place!

Call: 718-263-0750

- PCT • HHA • CNA
- Med. Billing & Coding
- M.A • Pharmacy Tech
- EKG/Phlebotomy Tech
- Business Analyst/QA
- Media concepts: Audio • Video
- Solar Tech
- SAP

US Vets Call Now

FREE TRAINING IF QUALIFIED

Students Visas @ Low Cost

On Queens Blvd Next to E/F Train Q10 Bus 8002 Kew Gardens Rd, Kew Gardens, NY

WWW.ACCESSQUEENS.COM

JOBS

General Help Wanted

HOME HELPER WANTED

HHA FOR GREATER PAY!

Without HHA? You can still help elderly friends & family members for great pay!

646-799-6062

212-564-3882 | 646-832-7647

or visit us at: 110 West 34th St. Suite 1207 Manhattan, M-F, 10-5

DRIVER'S WANTED
$65/per hour+Comm. Cash Daily
Hiring Men/Women, FP/PT
Drive Executives
#(718) 945-1325 #516.849.1372

metro CLASSIFIEDS
To place an ad call 866-900-9473
or visit us at www.metro.us

Want to **grow** your business?

We know how.

metro media.us

metro CLASSIFIEDS To place an ad call 866-900-9473 or visit us at www.metro.us

Need more customers? **We can help you with that.**

metro media.us

LEGAL NOTICES

NOTICE OF SALE

SUPREME COURT
COUNTY OF QUEENS U.S.
Bank National Association, as Trustee for Specialty Underwriting and Residential Finance Trust Mortgage Loan Asset-Backed Certificates, Series 2007-BC1, Plaintiff AGAINST Etta Bisnaught a/k/a Etta G. Bisnaught; et al., Defendant(s) Pursuant to a Judgment of Foreclosure and Sale duly dated April 29, 2019 I, the undersigned Referee will sell at public auction at the Queens County Supreme Courthouse, Courtroom #25, 88-11 Sutphin Boulevard, Jamaica, New York on October 4, 2019 at 10:00AM, premises known as 8-27 Hartman Lane a/k/a 827 Hartman Lane, Far Rockaway, NY 11691. All that certain plot piece or parcel of land, with the buildings and improvements erected, situate, lying and being in the Borough and County of Queens, City and State of NY, Block: 15742 Lot: 29.
Approximate amount of judgment $528,305.05 plus interest and costs. Premises will be sold subject to provisions of filed Judgment Index # 707345/2016.
Lesley Lanoix, Esq., Referee
Shapiro, DiCaro & Barak, LLC
Attorney(s) for the Plaintiff
175 Mile Crossing Boulevard
Rochester, New York 14624
(877) 430-4792
Dated: August 1, 2019
64929

NOTICE OF FORMATION of PolyMATEr LLC. Articles of Org. filed with the Secy. of State of New York (SSNY) on 07/29/2016. Office location: NY County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: PolyMATEr LLC, 1025 Fifth Ave., New York, NY 10028. Purpose: On-line social network for ethical non-monogay for gay men.

LEGAL NOTICES

NOTICE IS HEREBY GIVEN that a license, number 1320665 for On-Premises Liquor has been applied for by the undersigned to sell Liquor, Wine & Beer in a Bar under the Alcohol Beverage Control Law at 43-16 Queens Blvd., Suite B, Sunnyside, NY 11104. Queens County, for on premise consumption. Mad For Chicken Sunnyside LLC.

NOTICE IS HEREBY GIVEN that a license, Number 1317662 for Restaurant Wine has been applied for by the undersigned to sell Wine & Beer at retail in a Restaurant under the Alcoholic Beverage Control Law at 136-87 37th Ave. Flushing, NY 11354. Queens County, for on-premises consumption. Jiang Hu Corp.

NOTICE IS HEREBY GIVEN that a license, Number Pending, for On Premise Liquor has been applied for by the undersigned to sell Liquor, Wine, Beer & Cider at retail in a Restaurant, under the Alcoholic Beverage Control Law at 774 Amsterdam Ave., New York, NY 10025. New York County, for on premises consumption. JPDB Hospitality LLC d/b/a TBD.

NOTICE IS HEREBY GIVEN that a license, Serial # 1320061, for Restaurant Wine has been applied for by the under signed to sell Wine, Beer & Cider at retail in a Restaurant under the Alcoholic Beverage Control Law at 441 E. 12th St., New York, NY 10009. New York County, for on premises consumption. Twobones Catering LLC.

metro CLASSIFIEDS
To place an ad call 866-900-9473
or visit us at www.metro.us

PSYCHICS

Madame Wisdom 646-259-1409

Can help you with love, and spiritual problems.
All religions are welcome, private and confidential.
Good luck, reunite lovers, remove spiritual blockage,

Clear negativity, removal of black magic, Bad luck, deal with voodoo, witchcraft, evil spirits, jealousy, etc.
email is MadamWisdom77@yahoo.com

metro CLASSIFIEDS
To place an ad call 866-900-9473 or visit us at www.metro.us
DEADLINE: 2 BUSINESS DAYS PRIOR TO PUBLICATION AT 4 PM.

PSYCHICS

PROFESSOR KARAMO

NO PROBLEM WITHOUT SOLUTION

INTERNATIONAL SPIRITUAL HEALER CLAIRVOYANT FROM AFRICA

I CAN HELP WITH ALL YOUR PROBLEMS EVEN MOST DESPERATE CASE WHERE OTHERS HAVE FAILED TO HELP

BRING BACK LOVE ONE, REUNITE LOVERS, FAMILY PROBLEMS, SEXUAL PROBLEMS, BUSINESS, EXAMS, JOBS, COURT CASE

BLACK MAGIC, VOODOO PROTECTION FROM ENEMIES, OR BUSINESS DIFFICULT OF CHILD OR DIFFICULT OF GETTING A CHILD HEALTH ISSUE OR EVIL SPIRITS, ETC.

Work Private And Confidential
Quick Result In Few Days
100% Guarantee
Call: 646-331-8597 / 929-326-2899
Speak: English / French
Trains 3 To Sutter Ave & Rutland Road
Email: madibatabatouenploi@gmail.com
Payment After The Results.

INDIAN PSYCHIC & SPIRITUAL HEALER

Master: Vijay Krishna
(I.C.A.S.)

IF YOU HAVE TROUBLES, I HAVE SOLUTIONS

100% REMOVAL OF BLACK MAGIC, BAD LUCK, EVIL SPIRITS & GIVES PERMANENT PROTECTION

All Religions are welcome!

*** LOVE * FAMILY * CHILDREN PROBLEMS**
*** HEALTH * JOB * MONEY * DEPRESSION**
*** ENEMY * COURT CASES * BAD HABBITS * ETC..**

SPECIALIZED IN BRINGING LOVED ONES BACK

PRIVATE & CONFIDENTIAL 100% GUARANTEED RESULTS

929-250-4134

541 8th AVE BETWEEN 37 & 38 STREET, MANHATTAN, NY 110018

World # 1
Indian Psychic Astrologer
Pandith: Swami Ji

- Routing Lost Love
- Seperation - Divorce
- Marriage Issues / Education
- Family Issues / Court Cases
- Success in Career
- Negative Energy / Fear
- Palm Reading / Vedic Astrology

Put an end to all your PROBLEMS.
All Religions are Welcome
More than 35 Years experience with Guarantee Results

Remove & Destroy Black Magic, Voodoo, Obeah, Curse, Evil Spirit, Bad Luck, Blockage, Negativity & All Evils & Gives Unbreakable Protections

347-553-9005 (Private & Confidential)
37-23 74th Street, Jackson Heights, NY 11372 (Near Patel Brothers)

metro CLASSIFIEDS
To place an ad call 866-900-9473 or visit us at www.metro.us
DEADLINE: 2 BUSINESS DAYS PRIOR TO PUBLICATION AT 4 PM.

GAMES

metro.us/crossword

Powered by Arkadium

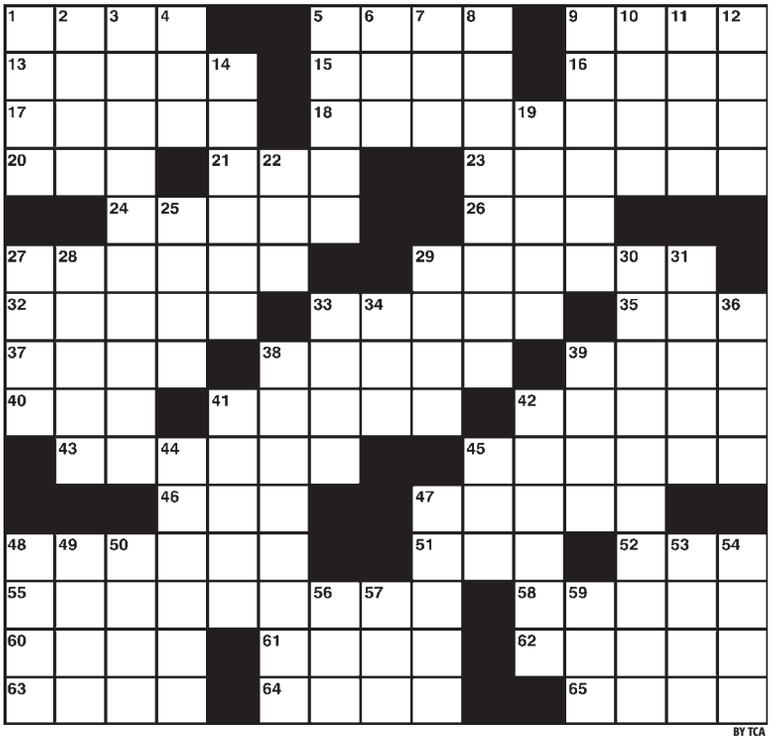
Check your answers at metro.us/games

ACROSS

1 Tight hold
5 Cygnet
9 __ even keel
13 Wanderer
15 Story
16 Newborn
17 Mac maker
18 Plato's famous pupil
20 Tiny
21 Summer cooler
23 Bathroom feature
24 Youngster
26 __ Vegas
27 Remember
29 Handgun
32 Tickle pink
33 Not tactful
35 Dyer's tub
37 Recedes
38 Giant-killer
39 Ricky Ricardo's portrayer
40 Chat room laugh
41 Wild animal
42 Sicker than before
43 Riches
45 Deep-seated ill will
46 Nickname for Dorothy
47 Swamp
48 Not formal
51 Hang-__; personal issues
52 30-day mo.
55 Still the same
58 See eye to eye
60 Leave suddenly
61 __ palms; do a fortune-teller's job
62 Salary
63 Former mates
64 Energetic
65 Accessory with a buckle

DOWN

1 Chew like a beaver
2 Pulley maker's need
3 Flawless
4 Crony
5 Can't __; hate
6 Major conflict
7 Muhammad __
8 Baby bird
9 Reed player
10 Countrywide: abbr.
11 Skillful
12 Khrushchev's refusal
14 Besmirch
19 Eggs' accompaniment
22 TV's "__ in the Family"
25 Head toppers
27 Rod and __; fishing gear
28 Shove
29 Grid play
30 Engage in price gouging
31 Lariat
33 Uninteresting
34 Fleur-de-__
36 Bleachers level
38 Homesteaders
39 Puts on, as clothing
41 Balloon
42 Capital city in Europe
44 Men and women
45 Lil Wayne's music
47 Like a garden after the rain
48 Six-sided figure
49 Healthy as __
50 For __; on the market
53 Prepare to eat a banana
54 Nap
56 Ad __
57 Cochlea's place
59 Chew the fat



BY TCA

metro.us/wordsearch

S	N	A	E	L	R	O	W	E	N
T	Q	K	B	B	B	J	H	R	M
A	M	E	R	I	C	A	N	J	Y
O	O	R	D	E	R	Z	C	K	L
L	N	A	Q	R	L	Z	O	C	L
F	A	D	Y	F	O	T	P	I	A
E	I	W	O	R	D	M	Y	N	S
P	P	Y	U	J	I	S	C	N	T
O	N	L	Y	Y	O	U	A	O	E
H	K	S	A	M	E	H	T	C	M

American
Connick Jr.
Copycat
Harry
Hope Floats
Idol
Jazz
Law
Met Sally
New Orleans
Only You
Order
Piano
Rom-Com
The Mask

metro.us/wander

Category: Sportscaster

O	P	S
R	S	T
T	A	E
S	C	R

Trace a path, using every letter once, to find the hidden phrase. Your path can turn in any direction, but not diagonally.

metro.us/sudoku

	8		6					
2			1	8	3			
				7			5	6
8	9	7	5	3			1	
5			9		1			7
	2			6	8	5	9	3
3	7			2				
			3	1	5			2
					7		3	

PLAY ANYTIME, ANYWHERE

Find these games and MUCH MORE at games.metro.us

Yesterday's Answers

F	I	T			S	T	A	B	S		S	P	I	N
E	C	H	O		T	R	I	A	L		C	A	R	E
B	E	A	U		R	U	M	B	A		R	I	O	T
	D	I	S	M	I	S	S	E	S		I	N	N	S
			T	A	F	T			H	A	M			
S	T	R	I	K	E		F	L	I	P	P	A	N	T
C	R	A	N	E		P	R	O	N	E		W	O	O
R	I	N	G		W	R	O	N	G		J	A	V	A
A	P	T		T	H	O	S	E		T	I	R	E	D
P	E	S	K	I	E	S	T		M	I	L	D	L	Y
			I	O	N			C	E	L	L			
A	L	S	O		E	M	B	E	L	L	I	S	H	
R	U	T	S		V	O	I	C	E		O	M	I	T
T	R	E	K		E	D	D	I	E		N	U	D	E
S	E	W	S		R	E	E	L	S			G	E	E

metro

As the world's largest global newspaper, Metro has more than 18 million readers in more than 100 major cities in 23 countries. • **Metro New York** 120 Broadway, Suite 220 New York, NY 10271 • **main** 212-457-7790 • **to advertise** 212-457-7735 • **Press releases** pressrelease@metro.us • **U.S. Publisher** Ed Abrams, Ed.Abrams@metro.us • **U.S. Circulation Director** Joseph Lauletta • **U.S. Marketing Director** Wilf Maunoir • **email sales** advertising@metro.us • **email distribution** distribution@metro.us • Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damages whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice. • **Managing Editor** Morgan Rousseau, morgan@metro.us • **Night News Editor** Matt Kinsey, matt.kinsey@metro.us • **Art Director** Luis Matos, Luis.Matos@metro.us • **Sports Editor** Joseph Pantorno, joseph.pantorno@metro.us • **Features Editor** Pat King, Patrick.King@metro.us • **Head of Production** Matt Prowell , matt.prowell@metro.us

Alliance for Audited Media

ADVERTISEMENT ADVERTISEMENT ADVERTISEMENT ADVERTISEMENT ADVERTISEMENT

WERE YOU THERE?

If you were diagnosed with, or lost a loved one due to any form of cancer in the last 15 years, and were below Canal Street after 9/11...

YOU MAY BE ELIGIBLE FOR A SUBSTANTIAL CASH PAYMENT

The New Compensation Extension Act

OVER $10.2 BILLION FUND FOR 9/11 CANCER (& OTHER VICTIMS)

OVER 70 TYPES OF CANCER COULD BE LINKED TO THE 9/11 CRASH SITE

- NOT just for first responders... • Residents and all downtown workers are eligible
- If you lived or worked South of Canal Street at any time from 9/11 until May 30, 2002

Pay Nothing Unless We Obtain Money For You.

Helping 1000's of 9/11 clients. Let us assist with your claim.

Speak To A Dedicated Lawyer

CALL NOW

1-888-998-5830

www.911fundlawyers.com

ATTORNEY ADVERTISING - Prior results do not guarantee a similar outcome.
Slater Slater Schulman, LLP
488 Madison Ave., 20th Fl, New York, NY 10022
445 Broad Hollow Road, Suite 419, Melville, NY 11747